Red Lake Falls Schools January 2025 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
All meals are serviced with milk. Menu subject to change. ISD #630 is an Equal Op- portunity Provider and Em- ployer		1 No School	2 Mini Bagel Juice Fruit	3 Long John Juice Fruit
6 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	7 French Toast Sticks Hardboiled Egg Juice Fruit	8 Breakfast Pizza Juice Fruit	9 Waffles w/Syrup Sausage Juice Fruit	10 Cinnamon Roll Juice Fruit
13 Cereal Toast Peanut Butter/Jell/Butter Juice Fruit	14 Banana Bread Juice Fruit	15 Long John Juice Fruit	16 Pancake w/Syrup Sausage Juice Fruit	17 Cereal Toast Juice Fruit
20 Cereal Yogurt Peanut Butter/Jelly/Butter	21 Scrambled Eggs Sausage Toast Juice	22 Pancake Wrap Juice Fruit	23 Mini Donut Hardboiled Egg Juice Fruit	24 Cereal Toast Juice Fruit
27 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	28 Breakfast Pizza Juice Fruit	29 Cheese Omelet Toast Juice Fruit	30 French Toast w/Syrup Yogurt Juice Fruit	31 Cereal Muffin Juice Fruit

Red Lake Falls Schools January 2025 Lunch Menu

Mon	Tue	Wed	Thu	Fri
All meals are serviced with milk. Menu subject to change. ISD #630 is an Equal Op- portunity Provider and Em- ployer		1 No School	2 Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice	3 Nachos Fresh Vegetables Fruit Choice
6 Chicken Fajita Fresh Vegetables Salsa Baked Beans Sour Cream Fruit Choice	7 Salisbury Steak Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	8 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice	9 Chicken Macaroni Cheese Bowl Fresh Vegetables Fruit Choice	10 Italian Dunker Marinara Sauce Fresh Vegetables Fruit Choice
13 Orange Chicken Egg Roll (7-12) Corn Dinner Roll Fresh Vegetables Fruit Choice	14 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice	15 Chicken Strips Baked Beans Rice Krispy Treat Fresh Vegetables Fruit Choice	16 Corn Chip Tacos Salsa Sour Cream Fresh Vegetables Fruit Choice	17 Student 1/2 Day Pizza Green Beans Fruit Choice
20 Pepperoni French Bread Pizza Corn Fresh Vegetables Fruit Choice	21 Crispy Chicken Wrap Fresh Vegetables Fruit Choice	22 BBQ Beef Riblet on a Bun Hashbrown Patty Fresh Vegetables Fruit Choice	23 Popcorn Shrimp Cheese Stick Breadstick Fresh Vegetables Fruit Choice	24 Corndog Baked Beans Fresh Vegetables Fruit Choice
27 Hot Dog on Bun Baked Beans Sunchips (7-12 only) Fresh Vegetables Fruit Choice	28 Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice	29 Meatballs Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	30 Nachos Fresh Vegetables Fruit Choice	31 Pizza Green Beans Fresh Vegetables Fruit Choice